## PRACTICE AND MENTAL TRAINING ON SELECTED PHYSICAL PHYSIOLOGICAL PSYCHOLOGICAL AND PERFORMANCE VARIABLES AMONG CRICKET PLAYERS

Dissertation Submitted to the Tamil Nadu Physical Education and Sports University,

Chennai for the fulfillment of the requirements

for the award of Degree of

DOCTOR OF PHILOSOPHY
IN
PHYSICAL EDUCATION

Submitted by R.SELVAKUMAR (Reg.No:326)

**Guided by** 

Dr. V. VALLIMURUGAN





DEPARTMENT OF PHYSICAL EDUCATION

TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

CHENNAI – 600 127

**NOVEMBER-2014**